

*Yesterday is history. Tomorrow is a mystery*

# WIN THE DAY



## FLIP THE SCRIPT

If you want to change your life, start by changing your story.



## KISS THE WAVE

The obstacle is not the enemy; the obstacle is the way.



## EAT THE FROG

If you want God to do the super, you've got to do the natural.



## FLY THE KITE

How you do anything is how you'll do everything.



## CUT THE ROPE

Playing it safe is risky.



# Wind The Clock

**Ephesians 5:15-16** Look carefully then how you walk, not as unwise but as wise, 16 **making the best use of the time,** because the days are evil. ESV

# Time

Chronos - time that can be measured — seconds, minutes, hours, years.

Kairos - God-ordained times throughout history, sometimes called the "right time" or "appointed season" (Titus 1:3).

- John the Baptist said in **Mark 1:15** that "time is fulfilled, and the kingdom of God is at hand." ESV
- **Romans 5:6** When we were utterly helpless, Christ came at just the right time and died for us sinners. NLT

As the omniscient, omnipresent Deity, God is not bound by the confines of space or time.

- God is the same yesterday, today, and forever.
- He is the Alpha and Omega, the Beginning and the End.
- He is the Ancient of Days.
- 2 Peter 3:8-9 A day is like a thousand years to the Lord, and a thousand years is like a day.



Word in philosophy called teleology. **It's beginning with the end in mind.**

- “Before Abraham was, I Am.” (John 8:58)
- Joshua 6:2

## **God's Time and Our Time.**

- **Ephesians 2:10** For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. ESV
- **Ephesians 2:10** For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. NLT
- **Psalms 139:16** Like an open book, you watched me grow from conception to birth; all the stages of my life were spread out before you, The days of my life all prepared before I'd even lived one day. The Message
  - You are here for such a time as this.
  - You are here for such a place as this.

# Wind the Clock

- Every one of us choose how we spend our time!
- You don't find time you make time for what is important!

**Ephesians 5:16** *“Be very careful then, how you live—not as unwise but as wise, MAKING THE MOST of EVERY OPPORTUNITY, because the days are evil.”* The NKJV says, “Redeem the time.”

## 5 Ways to Redeem the Time

### 1. Seek God's will in the present.

- Stop and smell the roses! (Stop, Look and Listen)
- We are living in a society that is losing the ability for quiet meditation and reflection!
  - Psalm 46:10 “ Be still and know”
  - Psalm 46:10 "Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything." THE MESSAGE

## 2. Evaluate – Why I am doing what I am doing?

- *“MAKING THE MOST of EVERY OPPORTUNITY“*
- *If you don't plan your time someone else will!*
  - Who is it for?
  - What is it for?
  - Ask the Holy Spirit for His direction!

## 3. Curse the barren fig tree – Matthew 21:18-19

- All of us have barren fig trees in our lives—things that waste time, waste energy.
  - Social Media
  - TV
- Setting your alarm clock is a spiritual decision!
- BiOY – 26 minutes a day
- Establishing Boundaries

#### 4. Live in sync with the natural rhythms God has designed.

- Morning, afternoon, evening. Sabbath Day! Seasons
- Studies show when we violate these natural rhythms it has long term effects on our health.
- A good night's sleep is important! (I am tired)
- Time to connect with God!

#### 5. Do as much good as we can in the time we have available.

- Every moment of our lives is an opportunity to live in service of what's good.
- No one was better at this than Jesus.
  - John 8 - The religious leaders wanted to stone the woman caught in the act of adultery. Jesus steps up, steps in.
  - Matthew 26 - Those at the table criticize the woman who anoints his feet. Jesus says, "The world will hear what you've done for me."



- Luke 18 - The disciples try to keep the kids away. We've got places to go and things to do. No, let the little children come unto me.
- Luke 23 - Even on the cross, Jesus is all about everyone else. "Father, forgive them for they know not what they do." He even shows grace to one of the men hanging on the cross next to Him.
- John 19 - He tells John to look out for his mother.
- There are people all around us all the time that need us to be peacemakers, grace givers, and tone setters.
- **1 Corinthians 9:24** You know that in a race all the runners run, but only one gets the prize. So run to win! NCV

Time is measured in minutes, life is measured in moments

**Wind The Clock**



