

# APPLIED THANKSLIVING

1 Thessalonians 5:18 Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

- **Leviticus 7:11-15** "These are the instructions regarding the different kinds of peace offerings that may be presented to the Lord. 12 If you present your peace offering as an expression of thanksgiving, the usual animal sacrifice must be accompanied by various kinds of bread made without yeast—thin cakes mixed with olive oil, wafers spread with oil, and cakes made of choice flour mixed with olive oil. 13 This peace offering of thanksgiving must also be accompanied by loaves of bread made with yeast. 14 One of each kind of bread must be presented as a gift to the Lord. It will then belong to the priest who splatters the blood of the peace offering against the altar. 15 The meat of the peace offering of thanksgiving must be eaten on the same day it is offered. None of it may be saved for the next morning.

1. The first thing we need to recognize is that the sacrifice of Thanksgiving has to do with maintaining peace with God.
2. Specific Preparation. vs. 12-13
3. The Priest splattered the blood against the altar!
  - **Hebrews 9:20-22**
4. The same day, nothing saved for the next day!

# THANK YOU

**Luke 17:11-19** As Jesus continued on toward Jerusalem, he reached the border between Galilee and Samaria. 12 As he entered a village there, ten lepers stood at a distance, 13 crying out, "Jesus, Master, have mercy on us!" 14 He looked at them and said, "Go show yourselves to the priests." And as they went, they were cleansed of their leprosy. 15 One of them, when he saw that he was healed, came back to Jesus, shouting, "Praise God!" 16 He fell to the ground at Jesus' feet, thanking him for what he had done. This man was a Samaritan. 17 Jesus asked, "Didn't I heal ten men? Where are the other nine? 18 Has no one returned to give glory to God except this foreigner?" 19 And Jesus said to the man, "Stand up and go. Your faith has healed you." NLT

## Am I guilty of the same?

- The other nine weren't dissatisfied because they were healed.
- Were they just as joyous of the one who sent back and thanked the Lord.
- They were being obedient to Christ and the Law. (Going and showing themselves to the priests, this allowed them to come into the temple and to be around the other people)
- The question here is not obedience, but thankfulness. Yet there was a greater principal here than just obedience.

**A thankful heart should always take time to be thankful.**

1 out of 10 had to come back and say, thank you Jesus.

- He was not quiet about it, the bible said, Shouting, "Praise God".

Say, Thank you!

Send, Thank you notes!



What are you grateful for today? Scientists have found that people who feel grateful more often are also happier, get better grades, and are more satisfied at school. They also sleep better, have less pain, and do not get sick as often. One explanation for this is that grateful people think about the world in a more positive way. Another explanation is that grateful people have better friendships, because they offer more help and receive more help in return. Thinking more positively about things that happen to you and having better friendships can both increase your happiness and improve your physical health. The good news is that practicing gratitude is a skill that you can get better at by simply writing down a few things that you are grateful for each day.

The Science of Gratitude - How it Changes People, Relationships (and Brains!) and How to Make it Work For You - Hey Sigmund

November 25, 2018|Scott Hirschfeld| - **5 Qualities of Thankful People:**

1. Selflessness
2. Loss of entitlement
3. Purpose
4. Awareness
5. Compassion

5 Tips to Say THANK YOU:

1. Start by letting the person know you appreciate them as a person.
2. Leave out negative.
3. Be specific
4. Don't stop there.
5. Simple gratitude



*Giving*  
THANKS

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